

## Eating Disorders

**Overeaters Anonymous**.....(951) 715-2080; [www.go2oa.org](http://www.go2oa.org)

Offers a 12-step recovery program for compulsive over-eating

**Eating Disorders Referral Line**.....1-(800) 841-1515

Provides referrals to programs and services in your area. Open M-F 8am-4pm

**Eating Disorder Referral and Information Center**.....<http://www.edreferral.com>

**Eating Disorder Anonymous**.....<http://www.eatingdisordersanonymous.org>

**Del Amo Hospital**..... (310) 784-2253

23700 Camino Del Sol Torrance, CA 90505

An intensive, 6-week outpatient recovery program for men and women with eating disorders, 3 evening sessions weekly, group session, yoga/body awareness group, art therapy, complimentary aftercare sessions

<http://www.delamohospital.com/>

**CRC Health Group Eating Disorder Treatment Finder**.....1-(866) 690-7239

([www.crchealth.com](http://www.crchealth.com))

**Valenta, Inc.** .....(909) 771-8023

Provides treatment to assist individuals struggling with Anorexia Nervosa, Bulimia Nervosa and various forms of these illnesses and combines medical and therapeutic treatments. Offers three levels of

care to meet the needs of the community: partial hospitalization (PHP); intensive outpatient (IOP)

and aftercare treatment for adults and adolescents. [valentaonline.com](http://valentaonline.com)