## A Prayer for ForGIVENESS

God of Mercy,

Help me to forgive.

Past hurts have festered and left deep scars on my heart and soul.

Present resentments make it hard to savor the life I have been given.

Let me forgive so I forget the need to carry these burdens any longer.

Let your healing grace wash over me and bring me peace,

hope, and gratitude for the gift of letting go.



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Amen.

Sadlier Religion

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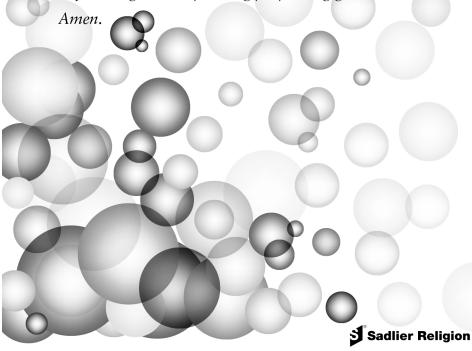
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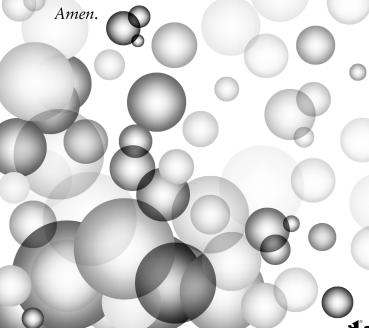
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