



# A Prayer for Forgiveness

God of Mercy,

*Help me to forgive.*

*Past hurts have festered and left deep scars on  
my heart and soul.*

*Present resentments make it hard to savor the life  
I have been given.*

*Let me forgive so I forget the need to carry these  
burdens any longer.*

*Let your healing grace wash over me and bring me peace,  
hope, and gratitude for the gift of letting go.*

*Amen.*

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