



# Rachel's Vineyard

September 9-11 2016

**Post Abortion Healing Weekend Retreat**

[RachelHopeandHealing@sbdioocese.org](mailto:RachelHopeandHealing@sbdioocese.org)

**Diocese of San Bernardino**

**Big Bear, California**

Rachel's Vineyard weekend retreats are a beautiful opportunity for any woman or man who has struggled with the emotional or spiritual pain of an abortion. During the weekend, we gather as the suffering Body of Christ and minister to each other in His name. We share spiritual exercises, which help work through repressed grief and anger and many rituals to help grieve the loss of the unborn child and accept God's forgiveness. This retreat is presented in the Catholic tradition.

*"I was terrified to take the first step forward and participate in Rachel's Vineyard. It seemed safer to remain hiding in the darkness, keeping the pain locked up deep inside rather than to risk exposing my shame to another soul. Now I am grateful to have experienced God's healing and forgiveness with other women in an atmosphere of complete acceptance and trust. Rachel's Vineyard has been a blessing to me."*

**The retreat and registration are strictly private. All inquiries will be answered confidentially.**

Theresa Karminski Burke, Ph.D. designed this healing model. Dr. Burke is the founder of the Center for Post Abortion Healing and Rachel's Vineyard Ministries. She has lectured and trained professionals internationally on the subject of Post Abortion Trauma and Healing. Dr. Burke's work focuses on women's issues, bereavement, pregnancy loss, sexual abuse, eating disorders, and anxiety management.

**For more information please call Mary Huber at (909) 475-5353 or e-mail [RachelHopeandHealing@sbdioocese.org](mailto:RachelHopeandHealing@sbdioocese.org). (Early registration suggested, enrollment is limited.)** These are private lines. You may leave a confidential message and know that return phone calls are made with discretion.